



AMERICAN  
HERITAGE  
GIRLS™



## Help Save a Life!

**St. Mary's American Heritage Girls is hosting  
a Hands for Hearts CPR class  
Thursday, May 2, 2019, 6:30-8:30 pm  
Marian Hall (Church Basement)**

**Who?** Anyone 10 years old and older

**Cost:** \$25 per person -- check or exact cash only

### HANDS FOR HEARTS

Ron Krohm --a 34-year paramedic, firefighter and educator-- teaches adult/child/infant CPR, rescue breathing, and choking protocols using national guidelines. His classes are fun, informative, and to the point.

*All participants will receive a certification card through the American Safety and Health Institute upon completion of the CPR class.*

To reserve a spot, contact Janae Snyder at (303) 521-1674 or [jdsnyder41@gmail.com](mailto:jdsnyder41@gmail.com).  
Registration/payment also accepted at the school office or at the event.

Participant Names (10 yrs. and older): \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Number of people x \$25 = \$ \_\_\_\_\_

\*Cash or checks accepted. Please make checks payable to St. Mary's with "AHG" on the memo line.