



# UP TO THE SOURCE

*Adoratio* with St. John Paul II

FOR COUPLES

*Family: The Way of the Church*

**From the Apostolic Exhortation of Pope John Paul II, “The Role of the Christian Family in the Modern World” (*Familiaris consortio*), November 22, 1981.**

13. The communion between God and His people finds its definitive fulfillment in Jesus Christ, the Bridegroom who loves and gives Himself as the Savior of humanity, uniting it to Himself as His body.

He reveals the original truth of marriage, the truth of the “beginning,” and, freeing man from his hardness of heart, He makes man capable of realizing this truth in its entirety.

This revelation reaches its definitive fullness in the gift of love which the Word of God makes to humanity in assuming a human nature, and in the sacrifice which Jesus Christ makes of Himself on the Cross for His bride, the Church. In this sacrifice there is entirely revealed that plan which God has imprinted on the humanity of man and woman since their creation; the marriage of baptized persons thus becomes a real symbol of that new and eternal covenant sanctioned in the blood of Christ. The Spirit which the Lord pours forth gives a new heart, and renders man and woman capable of loving one another as Christ has loved us. Conjugal love reaches that fullness to which it is interiorly ordained, conjugal charity, which is the proper and specific way in which the spouses participate in and are called to live the very charity of Christ who gave Himself on the Cross.

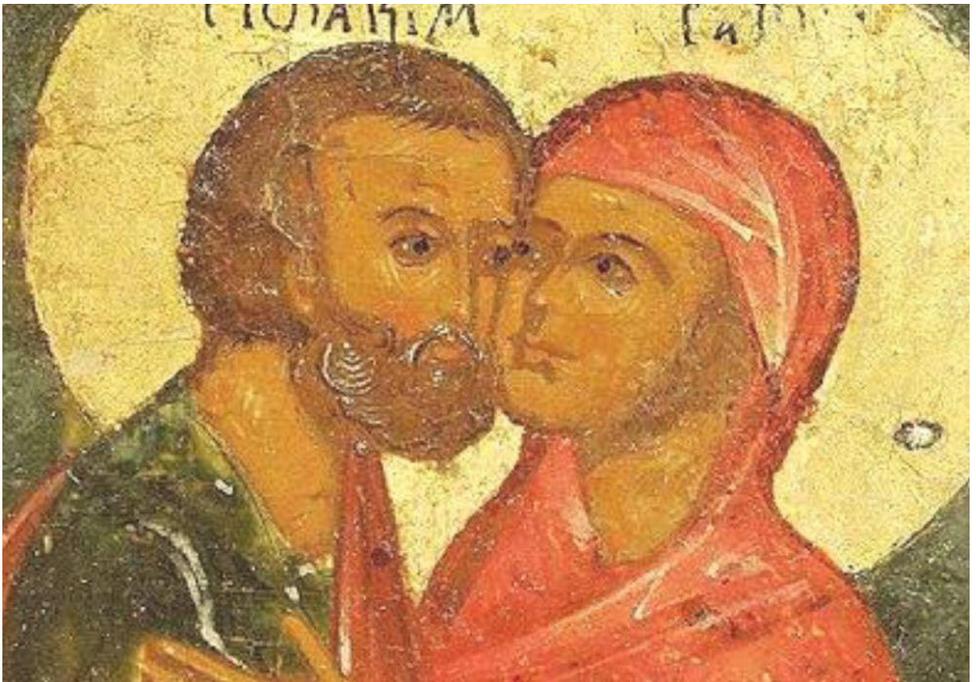
Indeed, by means of baptism, man and woman are definitively placed within the new and eternal covenant, in the spousal covenant of Christ with the Church. And it is because of this indestructible insertion that the intimate

community of conjugal life and love, founded by the Creator, is elevated and assumed into the spousal charity of Christ, sustained and enriched by His redeeming power.

By virtue of the sacramentality of their marriage, spouses are bound to one another in the most profoundly indissoluble manner. Their belonging to each other is the real representation, by means of the sacramental sign, of the very relationship of Christ with the Church.

Spouses are therefore the permanent reminder to the Church of what happened on the Cross; they are for one another and for the children witnesses to the salvation in which the sacrament makes them sharers...

“The spouses participate in it as spouses, together, as a couple, so that the first and immediate effect of marriage is not supernatural grace itself, but the Christian conjugal bond, a typically Christian communion of two persons because it represents the mystery of Christ’s incarnation and the mystery of His covenant. The content of participation in Christ’s life is also specific: conjugal love involves a totality, in which all the elements of the person enter—appeal of the body and instinct, power of feeling and affectivity, aspiration of the spirit and of will. It aims at a deeply personal unity, the unity that, beyond union in one flesh, leads to forming one heart and soul; it demands indissolubility and faithfulness in definitive mutual giving; and it is open to fertility.



## Litany of Married Saints

Holy Mary Mother of God, and Saint Joseph of Nazareth, Spouses,	<i>Pray for us</i>
Saint Joachim and Saint Anne, Parents of the Virgin Mary,	<i>Pray for us</i>
Saints Aquila and Priscilla, Missionary Couple,	<i>Pray for us</i>
Saints Anastasios and Theopista, Martyred Spouses,	<i>Pray for us</i>
Saints Henry II and Cunegunda, Spouses and Emperors,	<i>Pray for us</i>
Saint Stephen and Blessed Gisella, Spouses and Monarchs,	<i>Pray for us</i>
Saint Isadore the Farmer and Saint Mary of the Head, Married Laborers,	<i>Pray for us</i>
Blessed John and Thecla Hashimoto, Married Martyrs and Parents of Martyrs,	<i>Pray for us</i>
Blessed John Yu Jung and Lutgarda Yi Sun-I, Spouses and Martyrs,	<i>Pray for us</i>
Saints Louis Martin and Zélie Guérin, Spouses and Parents of Saints,	<i>Pray for us</i>
Blessed Victoria Rasoamanarivo, Faithful Wife,	<i>Pray for us</i>
Saint Franz Jägerstätter, Husband and Martyr,	<i>Pray for us</i>
Saints Luigi and Marie Beltrame-Quattrocchi, Spouses,	<i>Pray for us</i>



## A Prayer for Couples by St. John Paul II

God, from whom all fatherhood in heaven and on earth comes,  
Father, you are love and life,  
make every human family on earth become,  
through your Son, Jesus Christ, "born of woman,"  
and through the Holy Spirit, source of divine charity,  
a true sanctuary of life and love  
for generations that always renew themselves.

Let your grace guide the minds and deeds of the spouses  
towards the good of their families  
and all the families in the world.

Let the younger generation find strong support in the family,  
for their humanity and their growth in truth and love.

Let love, strengthened by the grace of the sacrament of marriage,  
prove stronger than any weakness or crisis,  
through which our families sometimes pass.

Finally, we ask you through the intercession of the Holy Family of Nazareth,  
that the Church in the midst of all the nations of the earth  
can fruitfully fulfill its mission  
in and through the family.

You, who are life, truth and love,  
in the unity of the Son and the Holy Spirit.

Amen.

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"The good God gave me a father and a mother worthier of heaven than of earth" (S. Thérèse of Lisieux, Letter 261).

